

CHRYSALIS CENTER
WOMEN & CHILDREN PERSONAL ITEMS LIST

Financial Items		
Shopping/Activity Money Walmart Gift Cards Debit Cards (VISA or Master Cards) Money Gram sent to Walmart	US Postal Money Orders (US Postal Only) **Women allowed to have up to \$5.00 on their person at any given time. Any amount over \$5.00 must be signed in.	
Needed Authorized Personal Items		
Stamps Envelopes Loose Leaf Paper Wire-Bound Notebook Journal for Writing Pens/Pencils Toothpaste Toothbrush Non-alcoholic Mouthwash Dental Floss Closed Container for Clothes Clear Cup with Lid for Women	Shampoo Hair Conditioner Alarm Clock Small Radio CD Player Eyeglasses Contact Lenses Contact Lens Solution Makeup Nail polish/remover Electric Shaver Disposable Razors Clear Sippy Cup for Children	Cigarettes (Unopened) Towels/Washcloths Twin bed sheet set Laundry Detergent. Powdered bleach, Dryer sheets Umbrella Combs/Brushes Curling/Flat Irons Curlers Hair dryer (Hand-Held) Fingernail Clippers Deodorant Hand/Body Lotion Feminine Hygiene Items Non-toxic white-out
Medical Supplies Needed for Woman and Child Must Be Unopened and Alcohol Free Name brand and/or Equate/Walmart Brand is Preferred		
Tylenol Motrin Cough/Cold Medicine Sudafed or Equate Brand Current medications (In the original bottle with patient name)	Cough Drops Milk of Magnesia Tums/Other Antacids Teething Medicine	Saline Drops Humidifier (Cool Mist) Diaper Rash Cream Nebulizer (Must be kept in medical station)
Acceptable Clothing-Women		
Shirts/Blouses (No spaghetti-strap tops) Socks/Stockings Casual Slacks/Jeans Tennis Shoes/Dress Shoes Dresses	Gym or Exercise Clothes Under Clothing Housecoat/Robe/Nightgown/Pajamas Slippers/Shower Shoes Coat/Jacket/Sweaters	

Jacket or Long Sleeve Shirt (Used when smoking)	Leggings (Only allowed with a shirt that is even with the fingertips, when hands are held at the sides.) **On day of admission, all clothes will be checked and washed prior to being stored in patient's room. In addition, women are encouraged to bring enough clothes to last during the 3-4 month stay, but we ask that you not bring an excessive amount of items.
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Acceptable Clothing- Children

Clothing Items (Appropriate for the Season) Personal Blanket Slippers/Shower Shoes Coat/Jacket/Sweaters Pajamas Under Clothing Socks Shoes	Towels/Wash Cloths Personal Hygiene Items Diapers Pull-ups Wipes Clear Non-Spill Cups Baby Bottles Baby Pacifiers Bibs	Car Seat with Connecting Base Stroller (Car Seat/Stroller Combination with Connecting Base) Baby Bathtub Small Toys (age appropriate) Thermometer Training Pots Games/Puzzles/Books
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Prohibited Substances/Items

Q-tips (Unless dispensed by the staff) Books, Magazines (Unless approved by staff) Mood-altering Chemicals(Alcohol/Over-the-counter Medication) Stereos, Televisions, Tape Decks Cell Phones, Pagers, Beepers Laptops or Tablets Any Electronics Devices Allowing Internet Access (Including Hand Held Games)	Food of Any Kind Pornographic Materials of Any Kind Gambling Paraphernalia Liquid Bleach Photo or Video Cameras Personal Computers Jewelry and Other Valuables Example Expensive Watches, Necklaces, \$100 Jeans/Shoes, etc.) Walkers or Swings
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Documents Needed

<u>Woman</u> Birth Certificate (Long Form) Social Security Card Medicaid Card Picture ID SNAP/EBT Card FI Card WIC Vouchers Insurance Card (other than Medicaid)	<u>Children</u> Birth Certificate (Long Form) Medicaid Card Social Security Card WIC Vouchers Immunization Record (Daycare Approved Form) Insurance Card (other than Medicaid)
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*****Women are NOT allowed to share items, so please ensure the necessary items are provided. Thank you.**

Updated: Wednesday, July 15, 2020